

Hand Sewing 101: An Apron

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I thought we would start with an apron, since it is mainly straight seams and is easy to embroider or embellish later as your skills grow. To get started with making your apron you will need:

1 yard of fabric
Matching thread
Pins
Sewing Needle

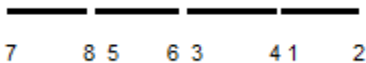
1. Take the yard of fabric and cut off two strips 4" wide from selvage to selvage. Selvage is the finished edge of the fabric, rather than the cut edge.



2. Pin your selvages under in a double roll, since this is a modern treatment and they would not have had this in period. Stitch this down with a running stitch:



3. Sew your two pieces of apron tie together with a back stitch:



4. Iron or finger press the bottom edge of your apron string up $\frac{1}{4}$ of the width. Now do the same with the top edge. This should make your cut edges meet in the middle of your tie.

5. Mark the center of the tie with a pin. Pin the large apron piece into the apron tie, starting at the center, then the outer edges and finally filling in the remainder. Fold the tie over to enclose the edge of the apron and pin in place.

6. Stitch the full length of the tie using the invisible stitch:



Make sure to catch both the front and the back of the tie!

7. Finally, finish the hem at the bottom of your apron. You will want to double roll this to encase the raw edge of the fabric, but then you can keep it in place with either a running stitch or something more decorative, like a herringbone stitch:

