



# Full Tilt

July 2011 AS XLVI vol 22 no 3

BARONY OF DELFTWOOD



# Full Tilt

July AS XLVI (2011)

Vol. 22 No. 3

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## Important Deadlines

### Full Tilt - September

*Submissions Due: August 25th*

### Full Tilt - A&S Issue (September) DEADLINE EXTENDED

*Submissions Due: August 22nd*

### Æstel - August

*Submissions Due: August 1st*

## Artwork Credits

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### PUBLICATION:

The Full Tilt is published online every month except August, with an Arts & Sciences issue published once a year. It is available on the baronial website [www.delftwood.org](http://www.delftwood.org). Paper copies are available for those without internet access. Please contact the chronicler with an address to have a paper copy mailed to you.



### SUBMISSIONS:

Any gentle wishing to submit articles, artwork, poetry, etc., to the Full Tilt are invited to do so. The Chronicler reserves the right to edit, refuse, or reprint any submissions. The submission deadline for the Full Tilt is the last Thursday of the month prior to the month of publication.



### CORRECTIONS:

If there are any corrections or changes on articles that need to be made, please contact the Chronicler.



### BARONIAL DISCUSSION E-LIST:

To subscribe to the barony discussion e-list, send an email request to: [webminister@delftwood.org](mailto:webminister@delftwood.org).



### BARONIAL WEB PAGE:

[www.delftwood.org](http://www.delftwood.org)

## Baronial Champions

### ARCHERY:

Aurelio di Baldasare

### ARTS & SCIENCES:

Jan ten Walde

### BARDIC:

Lady Éadaoin ingen  
Chanacáin

### FENCING:

Don Benedict Fergus  
atte Mede

### HEAVY WEAPONS:

Lord Gwydeon  
of Arden

### THROWN WEAPONS:

Bran mac Dímmáin



## Letter from the Baronage



reetings!

As we look back upon this past month we are overwhelmed with pride. Barony Wars took place and Delftwood shone like a diamond among the ruff. Against the combined efforts of TWO other Baronies, we lost by a very narrow margin. Our fencing and heavy weapons champions took their respective war points, then led our troops on the field into the melees. Against far superior numbers we made a very honorable showing, but in the end, lost to the other Baronies. We did very well in the bardic competition. We had some fine entries in the A&S competition, however Concordia did also and the judges favored them. I could not be prouder of the way our people acted, chivalry and honor abounded.

Looking ahead to this month and the rest of the summer, Pennsic looms less than a month away. Before we get there, we will be vying for the fencing 7 Pearl, and I believe our chances of bringing it home are good. As for Pennsic, please remember to stay hydrated and wear sunscreen. We want to hear wonderful stories about war, not how it was spent sitting in the EMT tent. We look forward to seeing everyone there.

Our next event will be Wildwood on Labor Day weekend. Please come out and show your support for our champions, or compete to be one of our champions yourself. Archery, Thrown Weapons, and Heavy weapons will be having contests to decide who will represent our best for the next year, why not try your hand?

Till again we meet,  
we remain in service to the dream,  
Edward and Anastasie

# Letter from the Chronicler



Greetings!

As you are getting things ready for the summer event season, and Pennsic, remember the Full Tilt - especially the A&S issue! The Full Tilt A&S issue has been pushed back to September so there is still time to send in your photos of things you are working on for Pennsic (no article necessary to go with it). Send in a picture of that new garb, favor, or banner you are working on. Have you taught a class at A&S? Send in your handout to be published in the A&S Issue. Have you taken a class at A&S? Send in what you worked on. Tried out a new period recipe? Send it in and let us know how it tastes! Have you been making scrolls for local or kingdom awards? Take a picture and send it in! Yes, the making of weapons is considered A&S, so send in that article on how to make a heavy weapons sword, or how tip a schlager for fencing. Pennsic is coming - send in the songs/poems/stories that you will be sharing around the bardic circles or an article on how to make a pop-up tent look more period.

There will be no Full Tilt in August, but we'll be back in September with the regular Full Tilt and the A&S issue. Have a safe and creative summer, and don't forget to submit lots of pictures!

In Service,

Desiderata Drake

**DEADLINE  
EXTENDED!**

THE  
**FULL TILT  
A&S ISSUE**

WILL BE  
PUBLISHED  
THIS ~~JULY~~  
**SEPTEMBER**

SEND IN  
YOUR STORIES,  
POEMS,  
ARTWORK,  
SONGS,  
ARTICLES, &  
PHOTOS

**DEADLINE EXTENDED  
TO AUGUST 25!**

SEND SUBMISSIONS TO:  
CHRONICLER@  
DELFTWOOD.ORG

## JULY 2011

| SUNDAY   | MONDAY    | TUESDAY   | WEDNESDAY                                     | THURSDAY  | FRIDAY                            | SATURDAY  |
|--|-----------|-----------|---|---|-----------------------------------|---|
|  |           |           |   |   | <b>1</b><br><i>Æstel Deadline</i> | <b>2</b><br>Known World<br>Dance Symposium<br>(Middle Kingdom)                  |
| <b>3</b><br>11:00 - 3:00pm<br>Thrown Weapons &<br>Archery  | <b>4</b>  | <b>5</b>  | <b>6</b><br>6:30 - 9:00pm<br>Flight Practice  | <b>7</b><br>7:00 - 9:00pm<br>Business Meeting   | <b>8</b>                          | <b>9</b><br>Pax Interruptus<br>(Thescore)<br>Cayuga Fair DEMO<br>(Angel's Keep) |
| <b>10</b><br>11:00 - 3:00pm<br>Thrown Weapons &<br>Archery | <b>11</b> | <b>12</b> | <b>13</b><br>6:30 - 9:00pm<br>Flight Practice | <b>14</b><br>6:30 - 9:00pm<br>Arts & Sciences:  | <b>15</b>                         | <b>16</b><br>Bog Three-Day<br>(St. Swithin's Bog)                               |
| <b>17</b><br>11:00 - 3:00pm<br>Thrown Weapons &<br>Archery | <b>18</b> | <b>19</b> | <b>20</b><br>6:30 - 9:00pm<br>Flight Practice | <b>21</b><br>6:30 - 9:00pm<br>Arts & Sciences:<br>Pennsic Sewing Prep                         | <b>22</b>                         | <b>23</b>   |
| <b>24</b><br>11:00 - 3:00pm<br>Thrown Weapons &<br>Archery | <b>25</b> | <b>26</b> | <b>27</b><br>6:30 - 9:00pm<br>Flight Practice | <b>28</b><br><i>Full Tilt Deadline</i><br>6:30 - 9:00pm<br>Arts & Sciences:<br>European Dance | <b>29</b>                         | <b>30</b><br>PENNSIC XL   |
| <b>31</b><br>NO Thrown<br>Weapons & Archery                |           |           |   |   |                                   |   |

## AUGUST 2011

| SUNDAY   | MONDAY                            | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY    | SATURDAY  |
|--|-----------------------------------|-----------|---|---|-----------|---|
|  | <b>1</b><br><i>Æstel Deadline</i> | <b>2</b>  | <b>3</b><br>NO Fight Practice<br>this week                | <b>4</b><br>NO Business<br>Meeting this week  | <b>5</b>  | <b>6</b><br>Pennsic XL                                      |
| <b>7</b><br>NO Thrown<br>Weapons & Archery<br>this week    | <b>8</b>                          | <b>9</b>  | <b>10</b><br>NO Fight Practice<br>this week               | <b>11</b><br>NO Arts & Sciences<br>this week  | <b>12</b> | <b>13</b><br>Pennsic XL                                     |
| <b>14</b><br>NO Thrown<br>Weapons & Archery<br>this week   | <b>15</b>                         | <b>16</b> | <b>17</b><br>6:30 - 9:00pm<br>NSTIW Post-Pennsic<br>Party | <b>18</b><br>6:30 - 9:00pm<br>Arts & Sciences   | <b>19</b> | <b>20</b><br>Cortland Celtic<br>Festival<br>(Courtlandslot) |
| <b>21</b><br>11:00 - 3:00pm<br>Thrown Weapons &<br>Archery | <b>22</b>                         | <b>23</b> | <b>24</b><br>6:30 - 9:00pm<br>Flight Practice             | <b>25</b><br><i>Full Tilt A&amp;S Deadline</i><br><i>Full Tilt Sept Deadline</i><br>6:30 - 9:00pm<br>Arts & Sciences: | <b>26</b> | <b>27</b>   |
| <b>28</b><br>11:00 - 3:00pm<br>Thrown Weapons &<br>Archery | <b>29</b>                         | <b>30</b> | <b>31</b><br>6:30 - 9:00pm<br>Flight Practice             |   |           |   |

# Rode Kool – Red Cabbage

Justin Lymner aka Keith Bertrand



*For our medieval picnic I made the following recipe. As per several people's requests here it is with the changes I made. I made this dish for several reasons: it looked good, I've had dishes like this before so I knew it would taste good and finally it was cheap only cost me about \$11!*

## From a feast book *High Times in the Low Countries* Rode Kool – Red cabbage

50g boter  
1 ajun  
1 rode kool  
1 lepeld azijn en 3 lepels water  
1 kg appelen  
100 g suiker naar smaak  
zout

Verwijder de buitenste bladeren, snijd de kool in fijne reepjes was ze en laat uitlekken.  
De boter met de ajuin eventjes laten stoven. De kool met de azijn, water en zeout eraan toevoegen en gedurende een half uur gaarstoven.  
Daarna de geschilde studekneden appelen bijvoegen en in gedekte kookpan laten gaarworden gedurende 1 a 2 uur. Voeg er dan de suiker aan toe. Laat stoven zonder deksel om het overtollige sap te laten verdampen. Bind de saus met aardappelbloem.

(Translation)

50g butter  
1 onion  
1 red cabbage  
1 tbs vinegar and 3 tbs water  
1 kg apple  
100g sugar (to taste)  
salt

Remove the outer leaves of the cabbage and cut it in fine strips,. Wash it and the water out. Cook the onion in the butter for a while and add the cabbage with the water vinegar and salt. Let it cook for about a half an hour. Then add the peeled and chopped apples and cover the pot for 1 to 2 hours. Add the sugar, Remove the lid to let the excess liquid evaporate. Bind with starch.

## What I did

I used:

Half stick of butter  
apple cider vinegar  
¾ of a cup of white sugar  
1 large red onion,  
1 large head red cabbage  
a dash of cinnamon  
4 granny smith apples

I added the cinnamon as I felt the dish needed a little something else.. cinnamon was a commonly used medieval spice and I was fortunate enough to have some of very high quality. I had also had a dish like this before that included cinnamon and knew it to be tasty.

I fried this up in my wok as it allowed more than just the bottom of the dish to cook. I added the sugar a bit early and the dish almost scoured a bit towards the end. Next time I would add it closer to the end.

This dish really cooks down with time... the wok was almost over filled when I first added the cabbage and ended up only taking about ½ the space when cooked even after adding the apples. I did not end up with much liquid perhaps because of the wok's shape really boils things off quick. I did a little Google search and aardappelbloem is potato starch. Maybe I'll add some of this starch next time. This dish can be served hot or cold and to my taste is even better the second day.

# They're Marching Off to War

A Song by Amelie Reinhardt

They're marching off to war  
Protecting all of our land  
Serving our Lady and Lordship  
Going hand in hand

They're marching off to war again  
Fighting all of our foes  
They're marching off to war again  
Where the East River flows

Traveling night and day  
Seeking out many a path  
Guarding the battlement's borders  
Fearing the enemies wrath

They're marching off to war again  
In daytime strong winds blow  
They're marching off to war again  
At night the campfires glow

The battle, oh it was bitter  
Fighters had drawn their swords  
Capturing, killing, and slaying,  
On behalf of their Lady and Lord

They're marching off to war again  
Taking all of the blows  
They're marching off to war again  
Their pride and honour grows

Proving they are victorious  
Having had won the duel  
Mourning those who had fallen  
Praying for spiritual renewal

They're marching off to war again  
Rememb'ring all of their woes  
They're marching off to war again  
Returning as our heroes



## Dear Abbey

Les Soeurs de l'Abbey du Cervidae

Greetings of the day dear friends, from l'Abbey du Cervidae! Life in the Current Middle Ages can be uncertain and confusing. We here at the convent have spent long hours in deep contemplation and meditation upon some of the most plaguing issues of our time, and have received revelations that we should share our good knowledge with the general populace for their edification. To that end we shall strive to elucidate our inspired answers and advice here in this good publication. In service --

Les Soeurs de l'Abbey du Cervidae



To the good Sisters of l'Abbey du Cervidae--

My neighbor has a son approaching the age of manhood, who regularly insists on practicing music of the most atrocious mein with his cohorts in the workshed attached to his family's domicile, well into the early hours of the morning. I have spoken with both his father and the youth himself about this activity, and my objections to it have been pooh-pooh'd time and again. What manner of venge -- er, course of action would you suggest I follow at this juncture?

Your servant,

Ld Ross of Sleip

Good my Lord Ross ~

While an interest in the musical arts is commendable, it sounds like the young man has no desire to study neighborly harmony. Perhaps you might introduce him to an alternate hobby - like animal husbandry! Best to start him off easy until he understands exactly what he's getting into, as with a dog or cat. Yes, the surprise of finding a civet cat in the workshed when he next enters it should provide quite the incentive to give up music and pursue a different activity.

Good luck!

Les Soeurs

# Meeting Locations

No special garb or reservation is required for meetings or practices.  
All practices are weather-permitting

## ARCHERY

SUNDAY 12:00 NOON - 3:00 PM

**Wildwood Sports Center**  
5740 Fikes Rd, Elbridge NY 13060

*Directions:* Take I-690 towards the Fairgrounds. Take exit 6 for State Hwy 695 toward State Hwy 5/Auburn. Merge onto 695 South. Take the State Hwy 5 W exit toward Auburn (bearing RIGHT). Merge onto RT-5 W. Take the exit toward W Genesee Turnpike/RT-5. Keep RIGHT at the fork, follow signs for Elbridge/Auburn and merge onto W Genesee Turnpike/RT-5. Continue to follow RT-5. Turn RIGHT at Fikes Rd. About 440 ft up the road is Wildwood Sports Center on the RIGHT.

## THROWN WEAPONS

SUNDAY 11:00 AM - 3:00 PM

**Wildwood Sports Center**  
5740 Fikes Rd, Elbridge NY 13060

*Directions:* Take I-690 towards the Fairgrounds. Take exit 6 for State Hwy 695 toward State Hwy 5/Auburn. Merge onto 695 South. Take the State Hwy 5 W exit toward Auburn (bearing RIGHT). Merge onto RT-5 W. Take the exit toward W Genesee Turnpike/RT-5. Keep RIGHT at the fork, follow signs for Elbridge/Auburn and merge onto W Genesee Turnpike/RT-5. Continue to follow RT-5. Turn RIGHT at Fikes Rd. About 440 ft up the road is Wildwood Sports Center on the RIGHT.

## HEAVY WEAPONS & FENCING

WEDNESDAY 6:30 PM - 9:00 PM

**Barry Park**  
Westcott St., Syracuse NY 13206

*Directions:* Take I-690 to the Teall Avenue exit (exit 14). Head south on Teall Ave. Follow Teall Ave. until it ends at Genesee St. Turn LEFT on Genesee and go one block. Turn RIGHT onto Westcott St. Follow Westcott St. until it ends at Meadowbrook. The parking lot is on the right, just before this intersection.

## BUSINESS MEETING

1ST THURSDAY 7:00 PM - 9:00 PM

**St Peter & Paul Orthodox Church Rec Hall**  
402 Hamilton St., Syracuse, NY 13204

*Directions From the West:* Take 690E to Exit 8 [Hiawatha Blvd]. Take a right at the end of the ramp onto Hiawatha Blvd. Take a left onto State Fair Blvd at the fork in the road. At the end of State Fair Blvd there is a light, turn right onto Genesee St. Turn left onto Lowell Ave. The Rec Hall is the second building on the left.

*Directions From the East:* Take 690W to Exit 10 N. Geddes St. Turn left at the end of the ramp onto Geddes St. Take a right onto Genesee St. Turn left onto Lowell Ave. The Rec Hall is the second building on the left.

## ARTS & SCIENCES

2ND-5TH THURSDAY 6:30 PM - 9:00 PM

**St Peter & Paul Orthodox Church Rec Hall**  
402 Hamilton St., Syracuse, NY 13204

*Directions From the West:* Take 690E to Exit 8 [Hiawatha Blvd]. Take a right at the end of the ramp onto Hiawatha Blvd. Take a left onto State Fair Blvd at the fork in the road. At the end of State Fair Blvd there is a light, turn right onto Genesee St. Turn left onto Lowell Ave. The Rec Hall is the second building on the left.

*Directions From the East:* Take 690W to Exit 10 N. Geddes St. Turn left at the end of the ramp onto Geddes St. Take a right onto Genesee St. Turn left onto Lowell Ave. The Rec Hall is the second building on the left.





# Officers of Delftwood



## BARONAGE:

Baron Edward Harbinger & Baroness Anastasie de Lamoure  
(Bill & Samantha Moore)  
baron@delftwood.org, baroness@delftwood.org



### Seneschal:

Lady Myskia nattfari (Rose Della Valle)  
seneschal@delftwood.org



### Marshal of Fence:

Lord Corbinus DeCuvis (Joel Weed)  
mof@delftwood.org



### Exchequer:

Master Cyneric Drakenheorte (James Lienhart)  
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### Captain of Archers:

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### Knight Marshal:

Lord Marcus Claudius Cincinnatus (Michael Bailey)  
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### Minister of Arts & Sciences:

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### Chirurgeon:



### Windmill Pursuivant:

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### Chronicler:

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### Minister of Youth:

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cm@delftwood.org



### Chatelaine:

Lady Desiderata Drake (Jennifer Drake)  
chatelaine@delftwood.org



### Minister of Equestrian Affairs:

Dame Sibyl Cairnfalcon (Karen Lienhart)

### Historian:

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### Minister of the Lists:

Lady Failenn ingen Chernaich (Denise Simmons)  
mol@delftwood.org

SCA Inc., Barony of Delftwood

PO Box 6694  
Syracuse, NY 13217



## SCA Inc., Barony of Delftwood

PO Box 6694

Syracuse, NY 13217

### **\*A Shoote in the Wyldwoode\***

Unto the most noble Kingdom of Aethelmearc does the Barony of Delftwood send this warning! Keep your eyes open, and your arrows true, for on the weekend of September 2-5, 2011 Delftwood will be hosting its annual Shoote in the Wyldwoode, at the Wildwood Archery Center, 5740 Fikes Rd, Elbridge, NY 13060.

The site opens at 5pm Friday, September 2nd, 2011, and closes at noon on Monday, September 5th, 2011. There will be open archery (when a marshal is available), archery competitions, including the 7 Pearls Archery Tournament and the traditional monster shoot for the younger crowd. There will be thrown weapons competitions. There will be a heavy weapons tourney. There will be an arts & sciences challenge with a theme of Archery. Our Baronial Champions in Archery, Thrown Weapons, and Heavy Fighting will be chosen for the coming year!

The Autocrat for this event is Baron Artemius Andreas Magnus (Mark Schwartz 315-622-8904, or 17 Huckleberry lane Liverpool, NY 13090, or ariesdsn@aol.com). Merchants are welcome. There are no additional fees for merchants other than the applicable site fees

and non-member surcharges for all individuals of the merchant parties, except of course for the kids that are charged the discount rate. Anyone merchanting will need to bring your own tables, chairs and tents. Merchants will only be allowed to set up after they have checked in at troll on Saturday morning and have a valid NY state tax id. Please contact Baron Artemius ahead of time for space planning.

Breakfast and dinner will be available from the staff at Wildwood both Saturday and Sunday. Breakfast will be \$4 each day, Saturday evening will be a chicken BBQ for \$9. Sunday evening will be all you can eat pasta for \$9. Reservations are needed for these meals. Reserve by August 28th if you plan on purchasing meals and which meals you would like. Payment for the meals will be made to the Wildwood staff on arrival. The staff will also present a cash lunch both days. Wildwood holds a beer/wine permit. No other alcoholic beverages may be brought onto the premises. Beer and wine must be purchased at their bar.

The adult fees for this event are \$10 for the weekend. A \$5 non-member surcharge will be collected at the door, so please bring proof of membership. The fee for children aged 14 and

under is \$5. Children 5 and under may attend free of charge. Please send reservations for the Event to: SCA, Inc. – Barony of Delftwood, P.O. Box 6694, Syracuse, NY 13217. Make checks payable to SCA, Inc. – Barony of Delftwood.

Save the date and hone your skills as the gauntlet has been thrown!

#### **Directions**

*For all points North, South and East find your best way to Route 690 West out of Syracuse for about 3 miles. Take RT 695 (695 after about a mile will fork, stay to the right), stay on the 695 to the end, Exit 6 (a veer to the right) towards Auburn. Merge onto RT 5 west (right) towards Auburn. Stay on RT 5 for approximately 4 mile. Make a right onto Fikes Rd. and the site is less than a half mile on the right.*

*All points West, take I90 to the Auburn/Weedsport, exit 40, and turn right onto 34 towards Weedsport. Turn left onto 31B and take it to the end. At the end of 31B you want to turn left onto RT 5 towards Elbridge. Take 5 through Elbridge and keep your eyes out for the Ford dealership on the left. Fikes Rd will be just after the dealership on the left. The site is less than a half mile on the right.*