



Full Tilt

Feb. 2013 AS XLVIII Vol 24 No 10

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Submissions:

Any gentle wishing to submit articles, artwork, poetry, ect., to the Full Tilt are invited to do so. The Chronicler reserves the right to edit, refuse or reprint any submissions. The submission deadline for the Full Tilt is the first Friday of the month of publication.

Baronial Discussion E-list:

To subscribe to the barony discussion e-list, send an e-mail request to: webminister@delftwood.org.

Baronial Web Page:

www.delftwood.org

Letter from the Baronage

Unto the most wonderful populace of Delftwood do we Baron Fergus and Baroness Helene send greetings! The Feast of the Seven Deadly Sins marks our first year serving as your Baron and Baroness, and we wish to thank you all for the work you've done to make our jobs both simple and an absolute joy. You all have made this past year a wonderful one for us. There were so many moments you brought us that made us so very glad that you chose us to represent you to the Crown. You each have made it very clear to all who have visited that this sometimes icy, but breezy, and industrious Barony of Delftwood is the finest land in the Known World.



Over the year, we were thrilled with the turnout we had for our Artisan's Challenge. At this last court, however we made an error and forgot one person who participated in all four challenges. This brings us up to three people or teams: Team Carpintero (Lady Margarita and Lady Catalina), Baron Oeric Lestrangle, and Lady Amalie Reinhardt. But beyond that, there were so many people who made items for one, two, or three challenges. There was always a wide variety of beautiful things that people made, and we hope that people learned new things and discovered new types of arts and sciences to make. You've inspired us to learn more, and shown off the fine skills of our people.

This month we get a chance to thank several people for their service to the barony for the last year or more, and welcome new officers. Earl Yngvar is stepping down from his position as seneschal, and we welcome Meisterin Felicitas. We thank them both for their leadership and dedication. Our herald Baroness Othindisa is retiring and our new herald will be Lord Marcus. We are grateful for their voices and service. Delftwood's youngest members have been served well by Lady Sultana who is now stepping down, and we look forward to Baroness Clarice's service as Chancellor Minor. Finally, we wish to thank Master Ian Muir for his service as Baronial Rapier Champion, and we wish him well in his retirement from that position as well as the position of Baronial Rapier Marshal. We are excited to welcome Matthew the Wrong as our new Rapier Champion and Lord Michael Gladwyne as our new Baronial Rapier Marshal.

We are looking forward to Ice Dragon, where many Delftwood folks are competing in armored, and rapier tournaments, as well as one of the largest arts and sciences competitions in the Kingdom. We hope to see some of the Artisan's Challenge entrants display their skills. In addition, Ice Dragon will see the Seven Pearls arts and sciences competition and we wish the best to our Champion Lady Amalie.

As the snow slowly retreats and the sun shows its face once more, we ready ourselves for the busy summer event season to come, and a new year. We are excited to see what adventures and joys Delftwood will bring next.

Yours In Service
Helene and Fergus



Baronial Champions

Heavy Weapons
Lord Ulfr Thorbjarnarson

Fencing

Lord Matthew the Wrong

Archery

Reinaldr Bjórtappr

Thrown Weapons

Aurora of House Hamilton

Bardic Arts

Lord Jan Langhe ten Walde

Arts & Sciences

Lady Amalie Reinhardt

Letter from the Chronicler

Greetings noble populace!

As always, I am in search of submissions! Please send in anything you would like to share with our group. In particular, I'd love to see some more articles and documentation from crafts, as well as photographs, artwork, poetry, stories, old memories, or just about anything else!

Send submissions to:

chronicler@delftwood.org

Yours in service,
Rita Carpintero



Two Cordials of “Bilberries” and a Custard Lumbardey (Part 2 of 3)

Mistress Alheydis von Körckhingen

On the origin of cordials and liqueurs

In modern English, both terms *cordial* and *liqueur* refer to an alcoholic distillate that is flavored and sweetened. The term *cordial* is preferred in the UK, while *liqueur* is more common in the US.

Reference to flavored distillates dates as early as 1240, in the writings of Arnold de Vila Nova, a Catalan alchemist. He describes the distillation of wine into *aqua vitae* (“water of life”) and its subsequent flavoring with herbs and spices. At first, such concoctions were viewed as strictly medicinal, rather than pleasurable, beverages. However, they gained increasing popularity, especially at the court of Catherine de Medici. Several distilleries that remain in business today began producing flavored distillates in the late 16th and early 17th centuries, including Bols (1575), Der Lachs (which produced Danzig Goldwasser as early as 1598), as well as Benedictine and Chartreuse – both produced by monastic orders.

While de Vila Nova specified a wine-based *aqua vitae* (brandy), it is known that grain based distillates were in production as well. Vodka has been produced in Russia from wheat since the 13th century, and Irish monasteries produced distillates from barley even earlier. It is safe to say that un-aged clear distillates have been available since the 13th century throughout Europe, with wine regions favoring brandies and other areas favoring grain spirits.

For my entry, I selected as my distillate base a Russian vodka produced from wheat and rye. I avoided potato vodka, as potatoes are a New World crop. Since my persona hails from the Rheingau in southern Germany, I concluded that a grain-based distillate would be more appropriate for the area.

Several methods may be used to introduce the flavoring compounds into the alcohol: percolation, distillation and maceration. Of these, maceration is easiest and is the method I chose for my entry. One simply steeps the desired ingredients in a distillate until the desired strength of flavor is achieved. Most modern guides to the maceration of fruit cordials recommend equal parts fruit and distillate.

My recipe:

850 g dried and sweetened wild blueberries (roughly 850 ml by volume)

850 ml Russian vodka made from wheat and rye

1 cinnamon stick (known as “canelle” in period recipes)

Raw honey to taste

Lemon Peel

Method:

510 g of dried fruit were added to the vodka and allowed to steep four days. The batch was divided in half and a single cinnamon stick was added to one of the two batches for six hours. The remaining 340 g of dried fruit were added on the fourth day and the mixture allowed to steep an additional three days. The solids were strained out of the liquid, and the result was adjusted for sweetness and proof strength. My target flavor profile was that of a 40 proof (20% alcohol) fruit liqueur such as Chambord. Finally, the resulting cordial was bottled and allowed to rest 24 hours prior to the event.

For sweetening, the medieval and renaissance artisan could choose between cane sugar and honey. The commercially dried fruit I used was regrettably sweetened with high fructose corn syrup, and the resulting cordial required no additional sweetening with honey. My preference would have been to use fresh or unsweetened dried berries, but I was unable to find a convenient source locally without reverting to the use of high-bush American blueberries. The presence of high fructose corn syrup is not as problematic as one might assume. Note that the sugar content of honey is roughly 55% fructose and 45% glucose, while high-fructose corn syrup is 42% - 55% fructose (the rest being glucose). The sugar content of HFCS is nearly identical to honey and is a superior substitute for it over sugar syrup, which is 100% sucrose. But of course both corn syrup and table sugar lack the flavoring compounds of honey.

The batch without cinnamon was flavored with lemon oil. I strained the liquid into a shallow bowl to gain a large surface area. I then scored a fresh lemon using a channel knife, aiming the resulting spray of lemon oil onto the surface of the cordial. I scored the fruit three times around the “equator” of the lemon.

The two batches were bottled and allowed to rest 24 hours before the event.

Conclusion

My cordial is a relatively easy to make product that mimics a plausible period maceration of European bilberries, using ingredients readily available at area supermarkets.

¡Muchas Gracias!

I would like to take a moment to thank everyone that has responded to my request for largesse donations. From cordials to crayon holders, visiting royals have been gifted with a plethora of items that showcase the talents of Delftwood's fine artisans. Please take a moment to look at the great bounty in the pictures below.

I would like to acknowledge the donations for the following people: Baroness Clarice Roan, Baron Artemius Andreas Magnus, Lady Margarita Carpintero and Lady Amalie Reinhardt. If I have forgotten anyone, please send me a note so that I can acknowledge your gift.

Also, Jarrah ibn Zachariah al Hamandani gifted us with material and beads for largesse projects to come (can you say buttons and cup covers?) Also, Wylde Wyse took several largesse project packs home and returned them as completed tissue covers and neck warmers!

Donations are gladly accepted anytime. I want to also let everyone know of an up coming largesse competition I am putting together for The Tournament of the Windmill. This will be a chance for anyone to show off your skills (A & S, or fighting equipment) in a friendly competition called "A Dirty Dozen Derby." Details will follow next month.

I know everyone is just waiting to learn more... stay tuned!!!

Yours In Service,
Lady Catalina Carpintero de Diaz



Delftwood Feb. Business Meeting

2/6/14 ~ Submitted by Lady Amalie Reinhardt

Meeting opened by Sir Yngvar at 7:00 PM.

Announcements

Amalie is in need of a volunteer scribe next month as she will be out-of-town for a work meeting.

Officer Reports

Baron & Baroness

Their Excellencies, Fergus and Helene, are so excited for Seven Deadlies this weekend. They are frantically working on things for this weekend. They encourage everyone to come this weekend. The site is absolutely gorgeous!

Fergus said Their Royal Highnesses sent out an email asking for nominations for retainers for their reign. Fergus & Helene will make recommendations, but if you want to volunteer, please let Their Excellencies know.

Fergus also said he went to the Unevent 2 weeks ago. Everyone should see what we can do to encourage more attendance -- whatever we can do to do that would be a good thing. With that said, keep doing what we are doing as we are doing great! When we can come up with innovative ideas, let's go for it. (For instance, provide crash space for events.)

Seven Deadlies will mark Their Excellencies first year in their job. Helene and Fergus say thank you for the privilege we have given them. Delftwood is the finest Barony in the land and in all the known world. They are looking for more!

Pursuivant

Othindisa's Haiku:
Ruslan's stuff passed
Margarita's passed too
Marcus is herald

Chronicler

Margarita is looking for submissions. Remember articles and pictures from 7Ds.
Please make sure you have waivers in for all submissions.

Web Minister

Amalie has done minimal work to the site during the past month. Mostly it has been updating the announcements. She did receive information from Cyneric on all the past events of Delftwood to post on the website. She will do this as soon as she figures out how to get the scripts to play nice in Wordpress.

If you have anything else for the site, please let Amalie know.

Chirurgeon

Michael has a report. His CPR certification was due to expire and the hospital gave CPR certification for free. However, the chirurgeonate may be disbanded by the Board of Directors. Regardless, Michael will still provide emergency services, as he's a doctor "in real life". If he is wearing the Chirurgeon badge, he can only provide first aid.

Arts & Sciences

Lijsbet does not have a lot this month due to 7Ds.

Classes:

- 13 - Fiber Arts Roundtable - Card Weaving with Genevieve
- 20 - Cooks Guild meeting - baking challenge
- 27 - The Process of Becoming a Peer with Caryl

Genevieve mentions the Fiber Arts Guild meeting on Tuesday nights at Dewitt Community Library. She requests the guild is added to the list of meetings for the website. In March we will have a bigger room, at times, at the library.

Knight Marshal

Fridrich states there have been some new people showing up and some people who have yet to show up, but have requested equipment. Although we cancelled this week due to weather, fencing and fighting is happening.

Fencing Marshal

Keyard is not present and Fergus delivers the report stating that stabbing is happening.

Master Keyard is stepping down. He has become Regional Marshal.

Michael is now our Baronial Fencing Marshal.

Thrown Weapons

Lanen has nothing to report.

Minister of Lists

Amalie is looking forward to MoLing at Seven Deadlies. If anyone wants to see how MoL works, come visit her at the MoL station on Saturday.

The Delftwood monthly tournament is next Wednesday.

If anyone is interested, take a look at the new Kingdom MoL site redesign. (It looks great and is also in Word-press!)

And, as always, if people want to learn how to MoL, please let Amalie know.

Archery

Michael says archery is happening. Loaner gear is available. People should come out & shoot.

Chancellor Minor

Clarice sent in a report on behalf of Sultana and is also not here tonight.

There is nothing new since the last report. Sultana & Clarice will be having game activities at Seven Deadlies for the Youth in attendance.

Sultana is in the queue for her background check renewal.

Baroness Clarice is the new Baronial Chancellor Minor.

Chatelaine

Felicity reports for Margaret. There are 3 demos coming up, but not in the next month.

Lijsbet will be running the YMCA demo. There is also the Liverpool Library demo and one at the Dewitt Library, too. Keep your eyes open for info!

We have many new people coming to Seven Deadlies. Please say hello to people!

Catalina is officially Deputy Chatelaine.

Yngvar notes that Myrkfaelinn is doing a demo at Watkins Glen HS for 100 students.

Historian

Oeric is not present. History assumedly is still in its box.

Chamberlain

Finnr says stuff has been deployed from HOTH. He thanks all for those who came to help out at the unplowed storage shed. He had to pick up some extra items for Seven Deadlies for the kitchen (ceramic baking dishes) -- we now have enough to feed everyone properly. And the Barony now owns a shovel.

Exchequer

Cyneric informs us of all the income and payments from the past month, including fight practice, reservations and expenses for Seven Deadlies, Felicity for banners, and archery practice. If you would like to know balance information, please contact Cyneric or Felicity. (And to note, Michael gave 38 cents to round out the bank account.)

Seneschal

Yngvar has nothing to report.

He is grateful to us all for making the seneschal position easy. He adds, "Just because I am stepping down, he is not going away."

Felicity is the new Baronial Seneschal.

Events

Seven Deadly Sins – February 8 at Missio Church

Lijsbet says people spent a good portion of the day at the site setting everything up. There are a few last minute things to do Saturday at the event. We can show up at 8 to set up. (We can help hang all the new banners!)

There is not a lot of overflow space in the parking lot now that there is *too much* snow. After noon there will be more parking available once congregants have left.

She is looking for hands to help clean up after the event, even if for a small time. Finnreminds us that many hands make light work. The site officially closes at 9 PM and the clean-up crew needs to be out by 11 PM.

Feast is starting at 5:30.

It will be wicked fun!

Troll will be in the parish hall.

Felicity adds that there are little projects that people can help with in the kitchen. If you can stop by, please do.

Merchants can start coming in at 8AM. They will have an 8-foot table space.

Windmill Tournament III – June 27-29 at St. Andrews Camp

Felicity asks for a check for site deposit. It will be the same price as last year. The event is the last weekend in June. Their Highnesses are coming (which at that time will be Their Majesties). \$50 insurance needed. Curia may be held on Sunday.

Dorms will be available again and there is tent camping available, too.

Dorm room reservations can start now. Felicity will take them.

A Shoote in the Wildwood

Lanen says that the teaser is on the Kingdom calendar and Delftwood website. Dave at Wildwood is out of town, but we are on their calendar.

Other Business

A&S Site Discussion

Yngvar asked for feedback from the church a few weeks back.

Responses: the space is awesome; it is expensive; and the parking is bad.

We would not be averse to going back, but most likely not on a regular basis. It is almost double what we had at the bingo hall.

The Train Station, where we are tonight, is \$20/night (and a \$30 security deposit).

Felicity has a suggestion to use the church on first Thursdays for the Baronial Business Meeting and the Train Station the other 3 weeks of the month as it is open Thurs-

days, so we can have it all evening.

We can always play with the setup at the Train Station so we can fit better for business meetings.

A concern is raised that the Train Station isn't central to Syracuse. However, Syracuse is not the only part of this Barony.

We can "rent" the Train Station monthly or for a long-term commitment.

Another concern is that the Train Station is somewhat small. A suggestion is to keep looking although we can use the Train Station in the meantime, as it fits the budget.

If we can get people to "lock in" to a larger class, we can try to use the church as well.

When it is warmer, we can work outside at the Train Station.

Helene also wonders what the cost of the Robinson Church for using their space. She is going to try to find out, specifically for business meetings.

Is Madison Village available for next business meeting? We are not certain. Desi would need to find out.

Fergus proposes that we try this site for a month. Perhaps we can have Madison Village for next business meeting. The motion is seconded and passes unanimously.

Meeting closed by Sir Yngvar at 7:58 PM.



Photo by Lady Megge Gormshuileach at the Feast of the Seven Deadly Sins



A&S Teachers

Teachers are needed for classes starting in April. If you are interested in teaching a class or have a class you would like to have taught, please contact our Arts & Sciences Minister, Lijsbet, at moas@delftwood.org.

Retainers Needed for Their Royal Highnesses

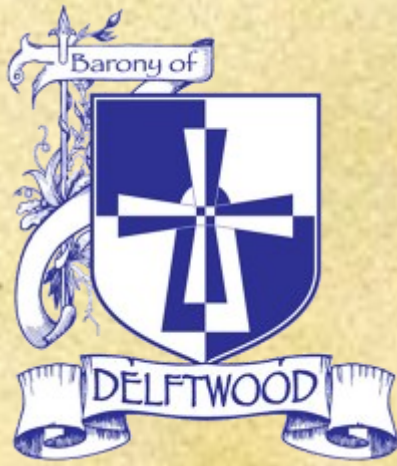
Their Royal Highnesses are in search of retainers for their reign. If you are interested in being recommended, please contact Baron Fergus. baron@delftwood.org

MARCH 2014

Visit <http://aethelmearc.org/events.php>

For more events not listed here!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 <i>Æstel Deadline</i>
2 12PM-3PM Archery & Thrown Weapons	3	4	5 6:30PM-9PM Heavy Weapons & Fencing	6 6:30PM-9PM Business Meeting	7	8
9 12PM-3PM Archery & Thrown Weapons	10	11	12 6:30PM-9PM Heavy Weapons & Fencing	13 6:30PM-9PM Card Weaving Part 2	14	15
16 12PM-3PM Archery & Thrown Weapons	17	18	19 6:30PM-9PM Heavy Weapons & Fencing	20 6:30PM-9PM Cooking Guild Meeting	21	22 Ice Dragon (Rhydderich Hael)
23 12PM-3PM Archery & Thrown Weapons	24	25	26 6:30PM-9PM Heavy Weapons & Fencing	27 6:30PM-9PM Glass Etching	28	29
30 12PM-3PM Archery & Thrown Weapons	31					



Officers of Delftwood

Baronage:

Baron Benedict Fergus atte Mede and

Baroness Helene al-Zarqa'

(Ben & Elizabeth Martin)

baron@delftwood.org, baroness@delftwood.org



Seneschal:

Meisterin Felicity Flußmüllerin (Ciarrai Eaton)

seneschal@delftwood.org



Marshal of Fence:

Lord Michael Gladwyne (Michael Oliver)

mof@delftwood.org



Exchequer:

Master Cyneric Drakenheorte (James Lienhart)

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Captain of Archers:

Lord Michael Gladwyne (Michael Oliver)

captain_of_archers@delftwood.org



Knight Marshal:

Lord Fridrich Flußmüllner (Fred Eaton)

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Minister of Arts & Sciences:

Lady Lijsbet de Kuekere (Keirin Lazauskas-Ralff)

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Chirurgeon:

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Windmill Persuivant:

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Chatelaine:

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Minister of Equestrian Affairs:

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